



WEST COAST TOUR

Wilderness Camp

Itinerary:

Day 1: Arrival

Day 2: San Cultural Experience

Day 3: Departure

Host and Operator: Xama Africa / info@xama.co.za / emergency cell: 0839555790

Xama Africa will be your host and facilitator for the 4-night camping experience. With over 25 years of safari and camping experience you will have the opportunity to learn some camping hacks and learn about the importance of nature conservation, fireside cooking and the beauty of nature.

As a wilderness operator we are dedicated to ensuring your safety with the knowledge of professional wilderness crew and registered paramedic.

Destination: !KHWATU

Description:

Tucked away on the West Coast, 70kms North-West of Cape Town and a 9min drive to Yzerfontein. !Khwatuu is the only heritage and education centre dedicated to the San of Southern Africa. It offers you a unique introduction and home to a very different museum. The San are one of the last hunter-gatherers' societies left on earth. Experience the authentic warmth of the San Spirit.

!Khwatuu has accommodation situated on the coastal side of the reserve.

Situated in the Cape Floral Kingdom, itself a UNESCO World Heritage site, !Khwatuu embraces and champions a range of environmental stewardship programs.



Detailed Itinerary:

Day 1: Upon arrival at !Khwa ttu, you are greeted by your facilitators and shown around the reserve, after which you get the chance to settle in and familiarise yourself with your sleeping spots and your home for the next two nights. There will be time for a quick visit to the San exhibition and museum, after which we will participate in some icebreakers back at camp, before dinner is served. Campfire stories will be shared ~ some interesting, some funny and some out there absurd. Fun school songs and Warcry's can also be enjoyed around the fire. Stargazing (dependent on the weather).

Day 2: After a coffee + freshen up, a hearty bush style breakfast is served. A day visit to !Khwa ttu Reserve where the field rangers will explain some of the medicinal plants and bush lore of survival in the wilderness and how the San survived on these in times of need. We also get the opportunity to spot some wildlife and will enjoy a picnic style lunch on top of the hill overlooking the ocean and Table Mountain. After lunch we will take a short trip to the beach where we will have a sandcastle competition and some fun beach games and activities before heading back to our bush camp. What camp would be complete without hot chocolate and marshmallows around the fire as we share some African folk tales.

Day 3: Today is departure day. After a yummy breakfast, we load our bags on the bus and head home. We hope you enjoyed your experience!



What to bring: Sleeping bag, pillow, cutlery and crockery, torch, camera (optional), comfortable walking shoes/hiking shoes, costume, towel, clothes, warm jacket, hat, SPF50, toiletries, personal medication, binoculars (optional), snacks (there is no tuckshop available).

